

Internationella BMI-gränser för grad av obesitas (ISO BMI 25, 30, 35 och 40) mellan 2-18 år

ÅLDER	POJKAR				FLICKOR			
	ISO BMI 25	ISO BMI 30	ISO BMI 35	ISO BMI 40	ISO BMI 25	ISO BMI 30	ISO BMI 35	ISO BMI 40
	Övervikt	Obesitas grad 1	Obesitas grad 2	Obesitas grad 3	Övervikt	Obesitas grad 1	Obesitas grad 2	Obesitas grad 3
2	18.36	19.99	21.20	22.12	18.09	19.81	21.13	22.15
2.5	18.09	19.73	20.95	21.89	17.84	19.57	20.9	21.95
3	17.85	19.5	20.75	21.72	17.64	19.38	20.74	21.83
3.5	17.66	19.33	20.61	21.62	17.48	19.25	20.65	21.77
4	17.52	19.23	20.56	21.61	17.36	19.16	20.62	21.80
4.5	17.43	19.2	20.6	21.73	17.27	19.14	20.67	21.94
5	17.39	19.27	20.79	22.03	17.23	19.2	20.85	22.22
5.5	17.42	19.46	21.15	22.57	17.25	19.36	21.16	22.69
6	17.52	19.76	21.69	23.35	17.33	19.62	21.61	23.35
6.5	17.67	20.15	22.35	24.32	17.48	19.96	22.19	24.19
7	17.88	20.59	23.08	25.37	17.69	20.39	22.88	25.17
7.5	18.12	21.06	23.83	26.44	17.96	20.89	23.65	26.26
8	18.41	21.56	24.61	27.55	18.28	21.44	24.5	27.47
8.5	18.73	22.11	25.45	28.76	18.63	22.04	25.42	28.77
9	19.07	22.71	26.4	30.14	18.99	22.66	26.39	30.18
9.5	19.43	23.34	27.39	31.60	19.38	23.31	27.38	31.62
10	19.8	23.96	28.35	33.03	19.78	23.97	28.36	33.01
10.5	20.15	24.54	29.22	34.29	20.21	24.62	29.28	34.26
11	20.51	25.07	29.97	35.31	20.66	25.25	30.14	35.37
11.5	20.85	25.56	30.63	36.16	21.12	25.87	30.93	36.34
12	21.2	26.02	31.21	36.86	21.59	26.47	31.66	37.19
12.5	21.54	26.45	31.73	37.46	22.05	27.04	32.33	37.95
13	21.89	26.87	32.19	37.95	22.49	27.57	32.91	38.57
13.5	22.25	27.26	32.61	38.34	22.9	28.03	33.39	39.03
14	22.6	27.64	32.98	38.65	23.27	28.42	33.78	39.38
14.5	22.95	28.00	33.29	38.88	23.6	28.74	34.07	39.60
15	23.28	28.32	33.56	39.02	23.89	29.01	34.28	39.73
15.5	23.59	28.61	33.78	39.12	24.13	29.22	34.43	39.78
16	23.89	28.88	33.98	39.20	24.34	29.4	34.55	39.80
16.5	24.18	29.15	34.19	39.30	24.53	29.55	34.64	39.81
17	24.46	29.43	34.43	39.48	24.7	29.7	34.75	39.85
17.5	24.73	29.71	34.71	39.71	24.85	29.85	34.87	39.91
18	25	30	35	40	25	30	35	40

Cole TJ, Lobstein T. Extended international (IOTF) body mass index cut-offs for thinness, overweight and obesity. Pediatr Obes 2012; 7(4): 284-94.

Bervoets L, Massa G. Defining morbid obesity in children based on BMI 40 at age 18 using the extended international (IOTF) cut-offs. Pediatr Obes 2014; 9(5): e94-8.